

|                                       |                       |
|---------------------------------------|-----------------------|
| <b>Abuse/Assault</b>                  |                       |
| Domestic Violence Outreach (KV).....  | 506-847-6277          |
| Domestic Violence Outreach (SJ).....  |                       |
| Emergency.....                        | 911                   |
| Hestia House.....                     | 506-634-7570          |
| Police (Non-Emergency):               |                       |
| Kennebecasis Regional Police.....     | 506-847-6300          |
| Saint John Police Force.....          | 506-648-3333          |
| RCMP (Non-Emergency):                 |                       |
| Grand Bay-Westfield.....              | 506-757-1020          |
| Hampton.....                          | 506-832-5566          |
| Sexual Assault Response Team.....     | 506-634-8295 ext. 214 |
| Social Development (GNB).....         | 1-833-733-7835        |
| <b>Addictions</b>                     |                       |
| Al-Anon Family Groups.....            | 1-888-425-2666        |
| Alcoholics Anonymous Helpline.....    | info@saintjohnna.ca   |
| Avenue B.....                         | 506-652-2437          |
| Gambling Information Line.....        | 1-800-461-1234        |
| Narcotics Anonymous.....              | 1-800-564-0228        |
| Passage (Youth).....                  | 506-658-3737          |
| Portage Adolescent Centre.....        | 506-839-1200          |
| Ridgewood Addiction Services.....     | 506-674-4300          |
| Sophia Recovery Centre (Women).....   | 506-633-8783          |
| <b>BIPOC Supports</b>                 |                       |
| Black Lives Matter New Brunswick..... | blmnb@blmnb.org       |
| PRUDE Inc.....                        | 506-634-3088          |
| Saint John Newcomers Centre.....      | 506-642-4422          |
| <b>Clinics/Hospitals</b>              |                       |
| After Hours/Walk-in Clinics:          |                       |
| Crown St. Medical Clinic.....         | 506-635-2273          |
| KV Medical Clinic.....                | 506-849-2273          |

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| University Ave Medical Clinic.....   | 506-657-9355 |
| West Side Medical Clinic.....  | 506-693-2273 |
| Market Place Wellness Centre.....  | 506-674-4335 |
| North End Wellness Centre.....   | 506-649-2704 |
| Saint John Regional Hospital.....  | 506-648-6000 |
| Sexual Health Centre.....  | 506-658-3998 |
| St. Joseph's Community Health Centre.....  | 506-632-5537 |
| St. Joseph's Hospital Walk-In/Urgent Care.....                                   | 506-632-5511 |
| Telecare (24 Hours).....   | 811          |
| <b>Clothing/Food</b>   |              |
| For a schedule of hot meals offered around town, contact the Salvation Army..... |              |
| 506-634-1633   |              |
| <b>East Side</b>   |              |
| Food Purchase Club @ St. Mary & St. Bartholomew's.....                           | 506-696-1347 |
| Lakewood Headstart Assoc.....  | 506-696-6164 |
| S.J. East Food Bank.....   | 506-633-8298 |
| <b>Kennebecasis Valley</b>   |              |
| K.V. Food Basket.....  | 506-847-5854 |
| <b>North End</b>   |              |
| North End Food Bank.....   | 506-634-7403 |
| Produce Packs/Food Purchase Club:  |              |
| @Crescent Valley Resource.....   | 506-693-8513 |
| @Nick Nicolle Community Centre.....  | 506-658-2980 |
| Rivercross Mission Outreach.....   | 506-642-8060 |
| <b>Uptown (South/Central)</b>  |              |
| Calvary Temple Church.....   | 506-634-1688 |
| Food Purchase Club:  |              |
| @St. Joe's Community Health.....   | 506-632-5537 |
| @PULSE.....  | 506-632-6807 |
| Romero House.....  | 506-642-7447 |
| Saint John Community Food Basket.....  | 506-652-2707 |

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| Saint John Vineyard Food Pantry.....       | 506-648-0998   |
| Salvation Army.....                        | 506-632-8391   |
| St. Vincent de Paul.....                   | 506-634-3097   |
| Teen Resource Centre.....                  | 506-638-2372   |
| <b>West</b>                                |                |
| Produce Packs:                             |                |
| @Carleton Community Centre.....            | 506-658-2920   |
| Hillcrest Baptist Church.....              | 506-635-8000   |
| West Side Food Bank.....                   | 506-635-1060   |
| <b>Code Red Packs (Menstrual Products)</b> |                |
| Avenue B.....                              | 506-652-2437   |
| North End Wellness Centre.....             | 506-649-2704   |
| Port City Pharmacy.....                    | 506-663-9898   |
| <b>Disability Supports</b>                 |                |
| Ability New Brunswick.....                 | 1-866-462-9555 |
| Inclusion NB.....                          | 1-866-622-2548 |
| Key Industries.....                        | 506-634-6888   |
| L'Arche Saint John.....                    | 506-672-6504   |
| Options Employment Outreach.....           | 506-652-3977   |
| <b>Employment/Life Skills Training</b>     |                |
| Coverdale Centre for Women.....            | 506-634-1649   |
| Fresh Start Services for Women.....        | 506-638-1409   |
| John Howard Society.....                   | 506-657-5547   |
| NBCC Continuing Education.....             | 1-833-658-2577 |
| One Change (North End).....                | 506-658-2980   |
| Outflow Training and Employment.....       | 506-658-8050   |
| Saint John Learning Exchange.....          | 506-648-0202   |
| Service Canada.....                        | 1-800-622-6232 |
| Social Development (GNB).....              | 1-833-733-7835 |
| Teen Resource/Pathways to Education.....   | 506-632-5765   |
| The Work Room (SJ Main Line).....          | 1-855-412-3330 |
| UYESI (Youth 15-30).....                   | 506-633-4636   |

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| Women's Empowerment Network.....   | 506-648-0202   |
| YMCA.....  | 506-693-9622   |
| <b>Financial Assistance</b>  |                |
| Employment Insurance Inquiries.....  | 1-800-206-7218 |
| PETL Saint John.....   | 506-643-7258   |
| Social Development.....  | 1-833-733-7835 |
| Student Loans (NB).....  | 1-800-667-5626 |
| Year-round income tax assistance:  |                |
| @Nick Nicolle Community Centre.....  | 506-658-2980   |
| @PULSE.....  | 506-632-6807   |
| <b>Harm Reduction</b>  |                |
| Avenue B.....  | 506-652-2437   |
| HIV Anonymous Testing.....   | 506-658-3998   |
| RECAP.....   | 506-657-5699   |
| STI Information Line.....  | 811            |
| <b>Identification</b>  |                |
| Service Canada (Passport).....   | 1-800-567-6868 |
| Service New Brunswick (Birth Certificate, Medicare Card, Photo ID, Drivers License)..... | 1-888-762-8600 |
| Social Development (I-Health Card).....  | 1-833-733-7835 |
| <b>Indigenous Supports</b>   |                |
| Hope for Wellness Helpline.....  | 1-855-242-3310 |
| Indigenous Services Canada.....  | 1-800-567-9604 |
| N.B. Aboriginal Peoples Council.....   | 506-458-8422   |
| Residential School Survivors Helpline.....   | 1-800-721-0066 |
| <b>Legal Supports</b>  |                |
| Elizabeth Fry Society.....   | 506-635-8851   |
| Family Law Information Centre.....   | 506-658-2261   |
| John Howard Society.....   | 506-657-5547   |
| N.B. Legal Aid.....  | 506-444-2776   |

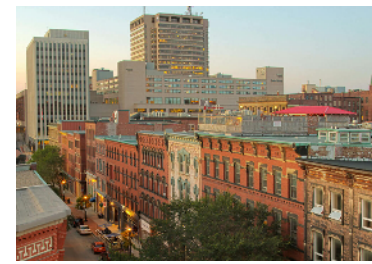
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| <b>LGBTQ2S+ Supports</b>                  |                            |
| Chroma NB.....                            | query@chromanb.ca          |
| PFLAG.....                                | 1-888-530-6777             |
| Saint John Pride.....                     | contact@saintjohnpride.org |
| Trans Lifeline.....                       | 1-877-330-6366             |
| <b>Mental Health/Crisis Lines</b>         |                            |
| Canadian Mental Health Association.....   | 506-633-1705               |
| CHIMO Suicide Crisis Line.....            | 1-800-667-5005             |
| Compassionate Grief Centre.....           | 506-696-0202               |
| Family Plus/Life Solutions.....           | 506-634-8295               |
| Gentle Path Counselling.....              | 506-652-7284               |
| Horizon Mental Health Services.....       | 506-658-3737               |
| Kids Help Phone.....                      | 1-800-668-6868             |
| Mobile Mental Health Crisis Service.....  | 1-888-811-3664             |
| PEER SJ (Drop-in; Youth 16-25).....       | 506-658-5374               |
| TRC (Case Management).....                | 506-632-5765               |
| <b>Other Services</b>                     |                            |
| Child and Youth Advocate, NB.....         | 1-888-465-1100             |
| Libraries: East Branch.....               | 506-643-7250               |
| Main Branch (Market Square).....          | 506-643-7220               |
| Kennebecasis Valley.....                  | 506-849-5314               |
| West Branch.....                          | 506-643-7260               |
| NB Human Rights Commission.....           | 1-888-471-2233             |
| Rivercross Mission.....                   | 506-642-8060               |
| Saint John Transit.....                   | 506-658-4700               |
| Social Development (GNB).....             | 1-833-733-7835             |
| St. Lukes Anglican Outreach Programs..... | 506-693-4152               |
| Teen Resource Center Drop-In (Youth)..... | 506-638-2372               |
| <b>Pregnancy/Parenting</b>                |                            |
| Family Resource Centre.....               | 506-633-2182               |

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| First Steps (16-29 yrs).....                    | 506-693-2228                  |
| Parent Child Assistance Program (PCAP).....     | 506-214-1186                  |
| Public Health.....                              | 506-658-2454                  |
| Pregnancy Resource Centre.....                  | 506-634-1867                  |
| Social Development (GNB).....                   | 1-833-733-7835                |
| <b>Sex Worker Supports</b>                      |                               |
| Avenue B.....                                   | 506-652-2437                  |
| Coverdale Centre for Women.....                 | 506-672-6285                  |
| Fresh Start Services for Women.....             | 506-638-1409                  |
| <b>Shelters/Housing/VAW Transition Houses</b>   |                               |
| Beacon Cove (Youth).....                        | 506-642-3208                  |
| Coordinated Access.....                         | s.jhdc.ca/coordinated-access/ |
| Coverdale Centre for Women.....                 | 506-672-6285                  |
| First Steps (16-29 yrs).....                    | 506-693-2228                  |
| Fresh Start Services for Women.....             | 506-638-1409                  |
| Hestia House.....                               | 506-634-7570                  |
| Housing Alternatives.....                       | 506-632-9393                  |
| New Brunswick Housing Corporation (GNB).....    |                               |
| .....   | 1-833-355-3262                |
| Outflow Men's Shelter.....                      | 506-658-8050                  |
| Residential Tenancies Tribunal.....             | 1-888-762-8600                |
| Tenant and Landlord Relations Office (GNB)..... |                               |
| .....   | 1-888-762-8600                |

Social Supports is produced by the Human Development Council (HDC) and the Community Council on Homelessness (CCH).



## Social Supports Saint John



## Where to go when you need help



HUMAN DEVELOPMENT COUNCIL 2023-2024